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ABSTRACT

A student log book for outdoor education was developed to aid Oakland County (Michigan) teachers and supervisors of outdoor education in preparing student campers for their role and responsibilities in the total program. A sample letter to sixth graders explains the purpose of the booklet. General camp rules (10) are presented, followed by 6 woods etiquette guidelines. Dining hall rules are given, as well as duties of table hosts/hostesses and Hoppers (table servers). Duties of the kitchen crew before and after meals are detailed. Dormitory/cabin rules (11) are covered. Flag raising ceremonies are described. A blank log page provides space for students to record duties and activities. A clothing and equipment list details necessary items. (MH)

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OUTDOOR EDUCATION STUDENT LOG BOOK

1980

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INTRODUCTION

This guide was developed to aid teachers and supervisors of outdoor education in preparing students for their outdoor experiences. Specifically, this booklet was developed to spell out the responsibilities of the camper so he/she will understand their role in the total program.

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Prepared for use by Oakland County teachers by Oakland Schools.

TABLE OF CONTENTS

Letter to Student	1
General Camp Rules	2
Woods Etiquette	3
Dining Hall	4
Duties of Host/Hostess	5
Duties of Hopper	5
Kitchen Crew	6
Dormitory/Cabin Rules	7
Daily Dormitory Detail	7
Suggestions for Quiet Time	8
Flag Raising	8
Log Page	9
Clothing and Equipment List	10

Dear 6th Grader:

Soon you will be coming to the Outdoor Center for a week of outdoor school activities. "Camp" is a part of school. It is a place to study, learn and enjoy the out-of-doors.

In all situations it is necessary to have some rules to live by and hopefully this booklet will explain the rules to you. Any rules not covered here should be taken care of by your good common sense.

Your teacher will help you get ready for your experience at the center. Study, be prepared and when you enter the woods open your senses to the wonders of nature.

Sincerely,

Bucky Beaver
Camp Director

GENERAL CAMP RULES

1. Campers are to remain within bounds of camp unless accompanied by counselors. Boundaries are set by the Director of the Outdoor Education Center.
2. Campers are to obey their group leaders.
3. Campers are to be in dormitories or dining hall after dark, unless accompanied by counselors.
4. Campers are to share equally in duties performed at camp.
5. Campers are to use the trails. Do not cut across the grassy areas.
6. Campers are to consider, at all times, their own personal safety as well as the safety of others.
7. There will be no visiting between dorms or cabins.
8. Campers should be clean in body and language.
9. Report any illness to teacher or director.
10. Don't be a litterbug.



WOODS ETIQUETTE

A good camper follows certain rules of conduct and courtesy towards others when he is in the woods, as well as at home or at school. Some very special considerations include:

1. Stay behind your leader. Most of you will be in strange territory. You will have opportunities to explore, but wait for your counselor's permission.
2. The trees, flowers, buds and animals are in the woods for all to see and enjoy. Do not pick or disturb anything! Let's permit the next campers to have the same opportunities for enjoyment.
3. Hold the branches so they do not swing back into another's face. Give the person behind you time to catch the branch before letting go.
4. There are others who may find the going rough. Watch for this and check to see that no one is left behind. It is unkind to laugh at anyone who is afraid.
5. Don't be a litterbug. Remember:

"If you will litter do disgrace
And spoil the beauty of this place
May indigestion rack your vest
and ants invade your pants and chest"

6. Most important of all:

"Take only pictures
Leave only footprints".



DINING HALL

1. Campers are to show courtesy and good manners at all times.
2. Everyone remain standing until the director instructs them to sit.
3. Hand raising is a signal for silence. Give your attention to the leader.
4. Pass the food around the table starting with the host/hostess who then passes it to the guest.
5. Napkins go on your lap.
6. Straws must remain in milk cartons.
7. Campers should sample at least one bite of all types of food.
8. Only the Hopper may leave the table.
9. Conversation will be confined to one table. No talking between tables.
10. Announcements will be made after the tables are cleared.
11. Children are excused by table. This will be done by the director or counselor.



DUTIES OF HOST/HOSTESS

1. Invite a guest or counselor to eat with them. Do this just before the meal.
2. Begin passing the food. Make sure the guest is served first.
3. Scrape and stack dishes at the end of the meal. Others at the table pass dishes to host or hostess.

DUTIES OF HOPPER

1. The only person who may leave the table during mealtime.
2. Bring seconds if available and wanted.
3. Return all serving dishes with food remaining to kitchen.
4. Clear the table of all dishes, paper and silverware.
5. Wash table. Do not sponge food on the floor.

KITCHEN CREW

Before the Meal

1. Duty groups report to the dining hall 20 minutes before the meal. Please wash hands before reporting to duty.
2. Counselor on duty will tell group what dishes are needed for the meal, the proper setting, and the number of places to set for that meal.
3. All other campers must stay out of dining hall and kitchen until invited in by director.

After the Meal

1. Two scrapers-set up area for receiving dirty dishes, garbage, etc., stack plates, sort silver. Empty garbage cans and replace plastic liners in cans.
2. One washer-pre-wash dishes.
3. One loader-takes dishes from washer and places them in racks for the dishwashing machine.
4. Two stackers-after dishes have air-dried, return them to the cart. Return racks to their proper place in wash room. Wipe off sink area.
5. Two pot and pan cleaners-scrape and wash pots and pans, cleans up area.
6. Sweepers-spread sweeping compound and sweep dining room. Carefully place chairs on tables so entire dining hall can be swept. Replace tables and chairs neatly.
7. Do not leave dining hall until counselor checks you out.

DORMITORY/CABIN RULES

1. Campers are to sleep and rest in dormitories. No rough-house will be allowed.
2. Campers are to rise in the morning when called, but not before.
3. Campers are to remain quiet after lights are out in respect for those who will go right to sleep.
4. In making beds, tuck in all blankets.
5. Nothing is to be left under the bed. All gear is stowed in the closet.
6. Windows will be opened only by the counselors.
7. Once settled, there will be no changing of bunks except at the discretion of the counselors.
8. Teeth are to be brushed daily.
9. Wear shoes or slippers in sleeping quarters.
10. All campers should use the toilet and get a drink of water before lights out so there is no need to get up again until morning.
11. Daily showers will be taken.

DAILY DORMITORY DETAIL

1. Sweep floor.
2. Empty wastebaskets.
3. Clean mirrors.
4. Clean toilets.
5. Clean wash bowls.
6. Clean shower area.



SUGGESTIONS FOR QUIET TIME

1. Read a book.
2. Write in your camp diary.
3. Finish your art project.
4. Write home.
5. Do some creative writing.
6. Work on skits.
7. Rest.
8. Take a shower.
9. Play quiet games like Solitaire or Checkers.

FLAG RAISING

The flag will be raised each morning before breakfast. Everyone will gather quietly around the flagpole.

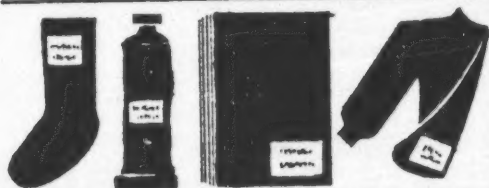
After the flag raising the pledge will be recited and an appropriate patriotic song may be sung.

LOG PAGE

CLOTHING AND EQUIPMENT LIST



Essential Items		Convenience Items	
<u>BEDDING:</u>	<u>Home</u>	<u>Center</u>	<u>BEDDING:</u>
1 Sleeping Bag or	_____	_____	1 Pillow
2 Blankets & Sheets	_____	_____	1 Pillowcase
<u>TOILET ARTICLES:</u>			<u>TOILET ARTICLES:</u>
2 Bath Towels	_____	_____	1 Box Kleenex
2 Washcloths	_____	_____	1 Lotion for Sun
1 Comb & Brush	_____	_____	or Wind
1 Toothbrush	_____	_____	1 Chapstick
1 Toothpaste	_____	_____	1 Shower Cap
1 Soap	_____	_____	
<u>CLOTHING:</u>			<u>OPTIONAL ITEMS:</u>
1 Warm Jacket	_____	_____	Camera & Film
2 Warm Shirts	_____	_____	Compass
2 Pair Jeans	_____	_____	Stationery & Stamps
2 Light Shirts	_____	_____	Pencils (2)
1 Rain Coat	_____	_____	Clipboard or
1 Pair Walking Shoes	_____	_____	Notebook
1 Pair Rubber Boots	_____	_____	Sunglasses
1 Pair Tennis Shoes	_____	_____	Musical Instrument
1 Pair Pajamas	_____	_____	Binoculars
1 Pair Slippers	_____	_____	Plastic Garbage Bag
Socks (3 days)	_____	_____	
Underwear	_____	_____	<u>DO NOT BRING:</u>
1 Pair Mittens	_____	_____	Radio
1 Hat or Scarf	_____	_____	Knives
			Hatchets
			Curling Iron
			Money or Jewelry
			Food (candy, gum,
			cookies, etc.)



The school cannot be responsible for any articles lost or missing during a pupil's visit.

10

Oakland Schools
Demonstration Center
For School Sites
(Woodchuck Woods)

